



**FOR IMMEDIATE RELEASE**

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**THE PSYCHOTHERAPY AND SPIRITUALITY INSTITUTE  
FLAGSHIP FALL CONFERENCE  
NOVEMBER 2, 2011  
1:00P – 5:00P**

**“Bridging Spirituality and Healing:  
The Role of Spirituality in Mental Health”**

The Psychotherapy and Spirituality Institute of New York is proud to announce our annual flagship fall conference, “Bridging Spirituality and Healing: The Role of Spirituality in Mental Health.” Scholars, mental health professionals, clergy, lay persons and students will gather November 2nd, 2011 at the New York Open Center in Manhattan to hear Dr. Kenneth Pargament, a renowned and distinguished researcher in the scientific study of spirituality and health.

Dr. Pargament has been a leading figure in the effort to bring a more balanced view of religious life to the attention of social scientists and health professionals. Dr. Pargament has published extensively on the vital role of religion in coping with stress and trauma. His measures of religious coping are now the standard in the field. His 1997 book, the *Psychology of Religion and Coping: Theory, Research, Practice* was described by the *Bulletin of the Menninger Clinic* as “the best book on the psychology of religion in a generation or more.”

Dr. Pargament has been actively involved in efforts to provide practitioners with an empirically-based, theoretical framework for evaluating and dealing with religious and spiritual issues in treatment. This work culminated in his most recent book, *Spiritually Integrated Psychotherapy: Understanding and Addressing the Sacred*, a book that was described as a “remarkable combination of clinical acumen and spiritual sensitivity.”

Our aim, as always, is to bring together scholars, professionals, clergy, lay people and students who have an interest in understanding the role of spirituality in peoples lives. We do this through various programs and initiatives aimed at promoting interfaith dialogue and by engaging in timely thought leadership on the integration of psychotherapy and spirituality.

**WHO:** The Psychotherapy and Spirituality Institute – featuring Dr. Kenneth Pargament, scholars, mental health professionals, clergy, lay persons and students.

**WHAT:** The Psychotherapy and Spirituality Institute’s Flagship Fall Conference “**Bridging Spirituality and Healing: The Role of Spirituality in Mental Health.**”

**WHERE:** New York Open Center, 22 E. 30<sup>th</sup> Street, The Grand Room New York, NY 10016

**WHEN:** Wednesday, November 2<sup>nd</sup>, 2011 1:00p – 5:00p

**Media:** Members of the media are invited and encouraged to attend this important presentation. We will provide complimentary registration to all media representatives. Please see registration attendant at conference for entry and information or email Ann Durant at ([adurant@mindspirit.org](mailto:adurant@mindspirit.org)).

If you would like more information about this conference or about the Psychotherapy and Spirituality Institute, please contact Kathleen Kelley, Managing Director at 212-252-4121 or [kkelley@mindspirit.org](mailto:kkelley@mindspirit.org).

The Psychotherapy & Spirituality Institute (PSI) is an independent 501(c)(3) non-profit organization, founded in 1975, that provides psychotherapy, counseling, training, and continuing education to address the emotional and spiritual health of the people of New York City and beyond.

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