

PSI IN PRACTICE: FORUMS FOR HELPING PROFESSIONALS

The Psychotherapy & Spirituality Institute invites you to attend our Wednesday morning forums for clergy, therapists, other clinicians and helping professionals

Our forums include presentations by members of PSI staff as well as invited guests. They are designed to offer opportunities for engagement in topics and modalities that integrate psychotherapy and spirituality. They are also an opportunity for peer fellowship and networking.

MARCH 7TH, 2012
10:30a – 12:00p

"The Amazing Adaptable Brain"

Presented by H. Kim Jones, PhD and Jane Moffett, LCSWR, PhD, SEP

One of the most interesting developments in medicine in the past two decades has been research on the neuroplasticity of the brain, which has demonstrated that the human brain is much more adaptable ("plastic") than previously thought. This has strong implications for issues such as brain injury, stroke and memory loss. It also has significant implications for the practice of psychotherapy in understanding how brain physiology affects human behavior and what can be done to alter that.

Kim Jones will discuss some of the recent research on the neuroplasticity of the brain, drawing on the research of Norman Doidge in his book "The Brain that Changes Itself" and Daniel Siegel in his book "Mindsight."

Jane Moffett will then illustrate how an understanding of some aspects of brain physiology can be helpful in therapeutic practice, drawing on clinical illustrations from her practice.

Located at the
New York
Open Center*
22 East 30th
Street

All Forums are free
of charge.

To register for any
session, please email
psi-invite@mindspirit.org
or call 212-285-0043

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