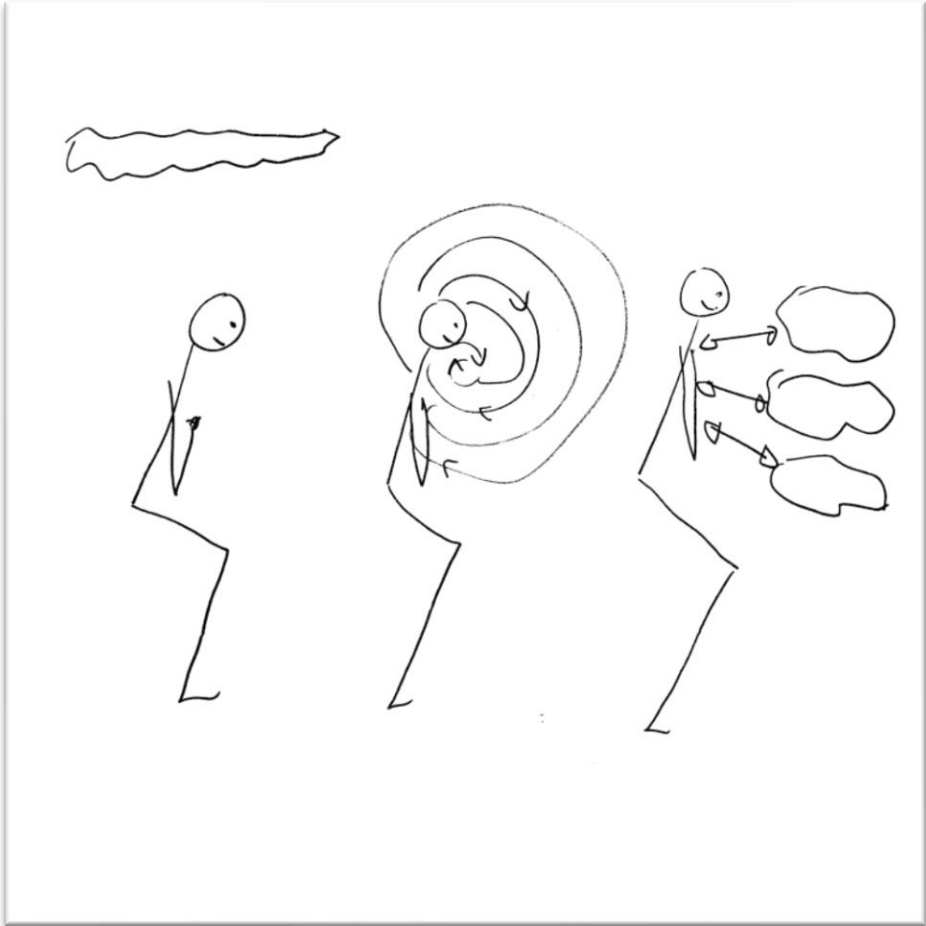
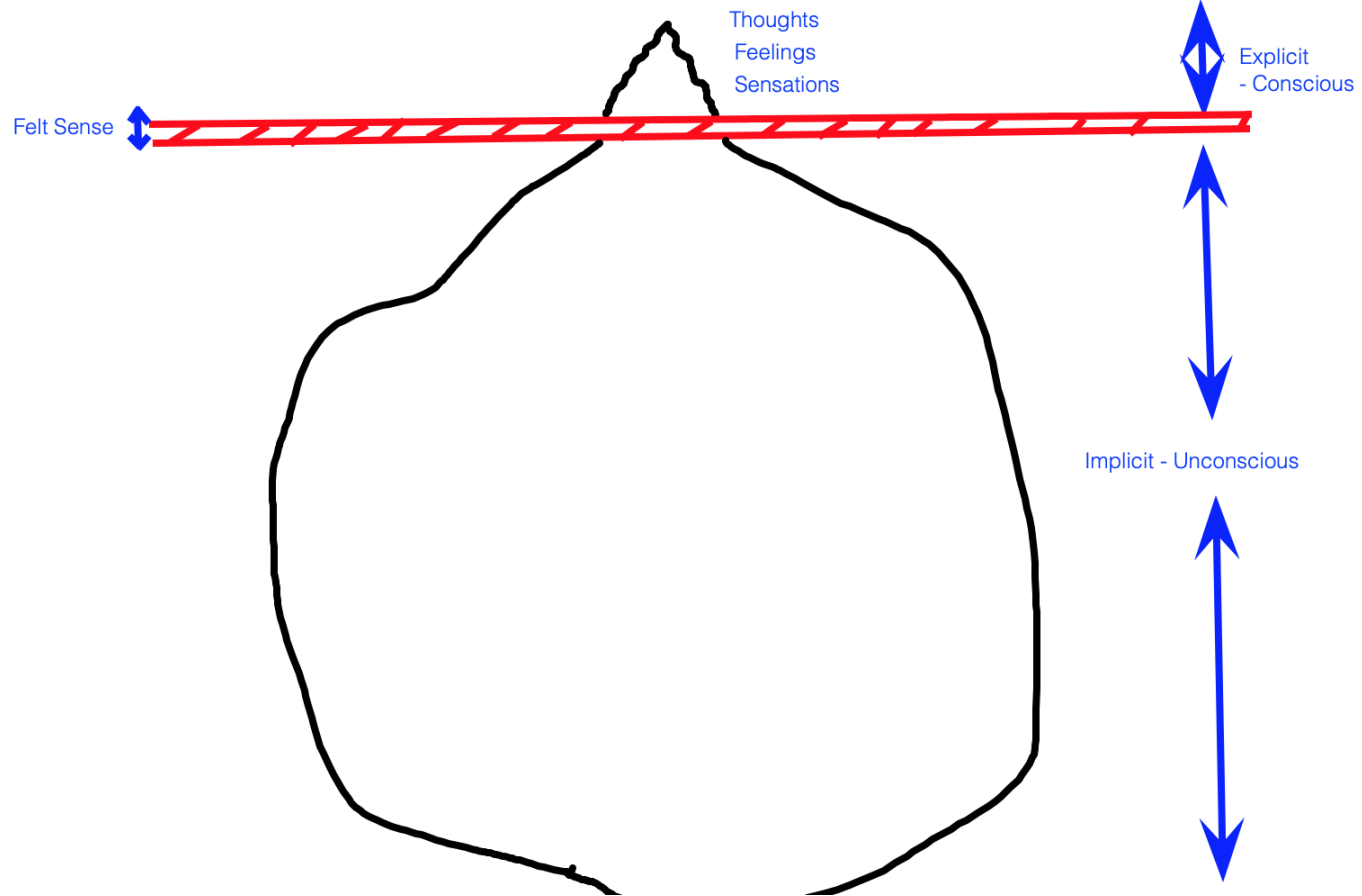
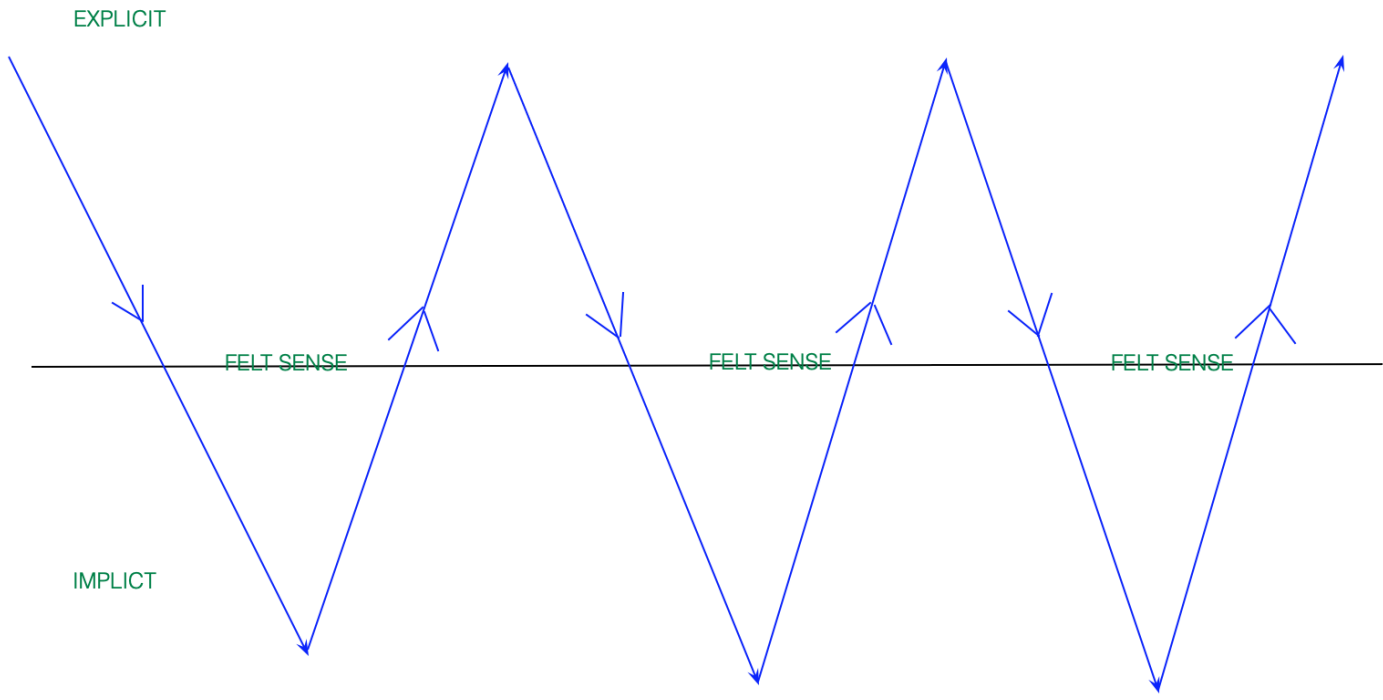


Charlotte Howorth, LCSW

Focusing







Focusing Steps

