



Exploring the Inner Addict in the Time of COVID

Addiction, Spirituality and Internal Family Systems

With keynote speaker
Richard Schwartz, PhD

REGISTER NOW. EARLY BIRD DISCOUNT THROUGH AUGUST 15!

The [Psychotherapy and Spirituality Institute \(PSI\)](#) is thrilled to announce that we have rescheduled our Annual Conference with Richard Schwartz, PhD, to Friday, September 25, 2020! It will be held virtually to address safety concerns and expand access.

Richard Schwartz is the founder of Internal Family Systems (IFS), a therapeutic model that combines systems thinking with the view that the mind is composed of discrete yet intertwined sub-personalities or “parts” with their own viewpoint and purpose. The prevalence of addiction, exacerbated by COVID-related stress, will be explored through an IFS lens and psychospiritual perspective.

The conference will run from 10 a.m. to 5:30 p.m. Dr. Schwartz will present his keynote address in the morning, followed by a moderated Q&A. In the afternoon, PSI staff will offer two consecutive, parts-related writing and art exercises with time for reflection and discussion.

5.5 CEUs/CECs are available for LCSWs, LMHCs, LMFTs, & LCATs

For more information and to register, go to <https://exploring-the-inner-addict-in-the-time-of-covid.eventbrite.com>

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